

Password Strength Quiz

- 1 Do you participate in social media "name games"? Yes (-5) No (5)
- 2 Is your password a word that is familiar to you, like your pet's name or the street on which you live? Yes (-5) No (5)
- 3 Does your password contain upper and lowercase letters? Yes (5) No (0)
- 4 Does your password contain numbers? Yes (5) No (0)
- 5 Does your password contain symbols? Yes (5) No (0)
- 6 Do you reuse your password for more than one application? Yes (-5) No (5)
- 7 Do you use two-factor authentication? Yes (5) No (-5)

Score

25-35 points - Strong Password!

10-20 points - You may need to improve security practices.

Below 10 - You need to create stronger passwords.